Serving Armadale Primary 4 days a week (Tuesday to Friday inclusive) – from Tuesday 13th March 2012

LUNCH ITEM ONE
Sushi - Teriyaki Chicken Handroll (2)
Sushi - Tuna Handroll (2)
Sushi - Avocado Handroll (2)
Sushi - Vegetarian Handroll (GF) (2)
Cheese and Bacon Roll
Cheese and Vegemite Scroll
Margherita PITA Pizza
Ham and Pineapple PITA Pizza
Vegemite Sandwich
Cheese and Tomato Sandwich
Ham, Cheese and Tomato Sandwich
Turkey, Cranberry, Lettuce and Cheese Sandwich
Ham and Cheese Roll
Mild Salami and Salad Roll
Beetroot and Salad Roll
Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
Cheese and Salad Roll
Greek Style Salad with Feta and Olives
Rice Paper Rolls - Vegetarian (GF) (2)
Rice Paper Rolls - Teriyaki Chicken (2)
Rice Paper Rolls – Beef Teriyaki (2)

LUNCH ITEM TWO
Freshly chopped Strawberries with Apple Pieces
Freshly Chopped Watermelon
Freshly chopped Cantaloupe & Watermelon Pieces
Freshly Chopped Green Grapes with Strawberries
Apple pieces with Lemon Juice, Brown Sugar & Cinnamon
Fresh Fruit Combo
Freshly chopped Pineapple with Strawberries
Freshly chopped Orange with Pineapple
Freshly chopped Carrot, Cucumber, Red & Yellow Capsicum
Evia Yoghurt with Raspberry Coulis
Evia Yoghurt with Strawberry Coulis
Evia Yoghurt with Mango Coulis
Cherry Tomatoes with Tasty Cheese & Rice Crackers
Tzatziki dip with Rice Crackers
Hummus dip with Rice Crackers
Spring Onion dip with Rice Crackers
Taramasolata dip with Rice Crackers
Extra Juicy Apple Juice
Extra Juicy Orange Juice
Organic Popcorn, Lightly Salted
Organic Popcorn Slightly Sweet, Lightly Salted

LUNCH ITEM THREE/ SNACK
Cobs - Organic Popcorn Slightly Sweet, Lightly Salted
Cobs - Organic Popcorn, Lightly Salted
Choc chip Cookie
Fresh Fruit Combo
Freshly chopped Carrot, Cucumber, Red & Yellow Capsicum
Iced Chocolate Cake
Hedgehog Slice
Evia Yoghurt with Raspberry Coulis
Evia Yoghurt with Strawberry Coulis
Evia Yoghurt with Mango Coulis
Apple & Cinnamon Muffin
Blueberry Muffin
Freshly Baked Finger Bun
Freshly Baked Fruit Scone
Cherry Tomatoes with Tasty Cheese & Rice Crackers
Tzatziki dip with Rice Crackers
Hummus dip with Rice Crackers
Spring Onion dip with Rice Crackers
Taramasolata dip with Rice Crackers
Extra Juicy Apple Juice
Extra Juicy Orange Juice

Orders received Online until 8.30am on the day the Lunch is required!